



Chiropractic Summer School For Year 11/12/13 Students

Wednesday 10th & Thursday 11th July 2024

Explore Chiropractic

Day	Time	Activity
Day 1	09:00	Welcome, Introduction to Course and Ice Breaker MB 115
	09:30	What is Chiropractic? How to take a history and meet your patients In this session we will have a brief overview of what chiropractic is together with some common misconceptions. We will learn how to take a history and put this into practice to meet two imaginary patients. We will consider these two patients as we go through the sessions over the next couple of days. <i>Sarah Rogers and SSA</i> MB 113
	10:30	Break MB 115
	11:00	Discover Anatomy In this we will use the anatomage table and models to look at the anatomy of the trunk and lower limb and consider it in relation to our patients. <i>Vijay Pabbathi</i> MB Anatomy Suite
	12:00	Lunch MB 115
	12:45	Diagnosis Triage In this session you will learn some of the clues we use to work out if the patient is suitable for chiropractic care or if we need to refer them to somebody else, their GP for example. This includes considering if a patient is an emergency case or not. Learn what the term "red flag" means. <i>Sarah Rogers</i> MB 113
	13:30	Practical - Observing the patient and finding spinal anatomy In this practical session you will learn some of things to look for in observing a patient's general health, how to observe their posture and find some important spinal surface anatomy. <i>Giacomo Rastelli</i> MB TR2



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Day

Time Activity

Day 1

14:30 **Break**
MB 115

14:45 **Functional Movement Screening**
In this practical session you will learn how to screen movement using Gray Cook's Functional Movement Screen – the FMS.
Marcus Sanger
MB TR2

15:45 **Questions**
A chance to ask any questions you may have.
Sarah Rogers
MB 115

16:00 **Finish**

Day

Time Activity

Day 2

09:15 **Registration**
Togglers

09:30 **Practical - Joint movement, muscles & testing the nervous system**
In this practical session you will get hands on. You will learn some of how we assess our patient's movement. How we assess their muscles and how we get clues as to what is happening with their nerves.
Giacomo Rastelli
MB TR2

10:45 **Break**
Togglers

11:00 **Investigating the patient's problem with imaging**
In this session you will get the chance to look at X-ray, MRI and ultrasound images and learn how we use imaging to help us manage our patients.
Neil Osborne
MB 113



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Time

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Day 2

12:00

Lunch
Togglers

12:45

Words matter - Communication and pain science

In this session you will learn some considerations for the way we communicate with patients and find out that the amount of pain we feel doesn't always equal the amount of damage there is.

Sarah Rogers
MB 113

13:30

Practical - Passive treatment options

In this session you will get the opportunity to see the various manual therapy techniques we use as chiropractors. This will include techniques such as spinal and extremity adjusting and various myofascial techniques. What might we do with our patient?

Meike Cook
MB TR2

14:30

Break
Togglers

14:45

Practical Active treatment options

In this final session you will explore some active practical treatment options such as corrective exercises and more.

Marcus Sanger
MB TR2

15:30

Questions

A last chance to ask any further questions you may have

Sarah Rogers
Togglers

16:00

Finish